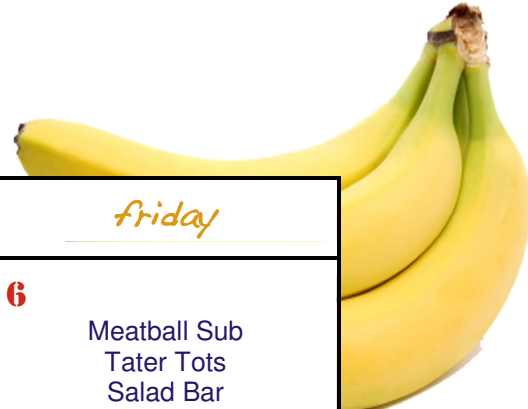


The H Generation



January 2012



<i>monday</i>	<i>tuesday</i>	<i>wednesday</i>	<i>thursday</i>	<i>friday</i>
2 Winter Break	3 Chicken Parmesan Rotini Pasta Salad Bar Honeydew Melon Chocolate Chip Cookies	4 Tacos with lettuce, tomatoes, cheese & salsa Spanish Rice Salad Bar Fruit Salad	5 Cheese Lasagna Salad Bar Orange Slices Blondies	6 Meatball Sub Tater Tots Salad Bar Grapes Oatmeal Raisin Cookies
9 Macaroni & Cheese Baked Chicken Nuggets Salad Bar Apples	10 Seasoned Beef Strips Vegetable Fried Rice Salad Bar Cantaloupe Melon Brownie	11 BBQ Riblets Oven Fries Salad Bar Fruit Salad	12 Chicken Alfredo Cavatappi Pasta Salad Bar Pineapple Applesauce Carrot Cake	13 Soup & Sandwich Vegetable Soup Grilled Cheese Banana Chocolate Chip Cookies
16 Martin Luther King Holiday	17 Chicken Piccata Rotini Pasta Salad Bar Cantaloupe Melon Chocolate Chip Cookies	18 Boxed Lunch Turkey Sandwich Baby Carrots Chips, Fruit Cookies	19 Spaghetti & Meatballs Salad Bar Grapes Vanilla Pudding	20 BBQ Turkey Sandwich Oven Fries Salad Bar Pineapple Oatmeal Raisin Cookies
23 Early Dismissal No Lunch	24 Teriyaki Beef Vegetable Fried Rice Salad Bar Fruit Salad Applesauce Carrot Cake	25 Sloppy Joes Sweet Potato Fries Salad Bar Pineapple	26 Macaroni & Cheese Baked Chicken Nuggets Salad Bar Honeydew Melon Sugar Cookies	27 Early Dismissal No Lunch
30 Pasta Bolognese Yogurt & Peaches Salad Bar	31 Roasted Chicken Legs Parmesan Rice Salad Bar Honeydew Melon Blondies	1 Roasted Turkey with Gravy Mashed Potatoes Salad Bar Cantaloupe Melon	2 Chicken Quesadillas Spanish Rice Salad Bar Pineapple Chocolate Chip Cookies	3 Cheesesteak Sub Oven Fries Salad Bar Fruit Salad Oatmeal Raisin Cookies



January 2012 Calendar for The Heights School